Food is great.

Liven up your art with fresh cuisine!

Daily Art Calendar

Food is a subject that has been present through art since the beginning of time. It can teach us so much about textures, values, and even perspective!

Food is never as plain as our minds imagine it. Try to pay close attention to **pictures** of food, or even the food **right in front of you** as you have your lunch. Do you see the microscopic shadows? The variations in texture? How light reflects off its different surfaces?

Welcome to March! Why food? Hey, any month is a great month for food. There's so much to draw with food alone, and if we sprinkle in some art practice and creative characters, the combinations are endless!

But it doesn't have to be only food! If you want to draw something else each day, go for it – that's what's important. Remember that each day has a blank box for you to use.

Keep up that art practice! Food can be difficult to draw, so don't feel discouraged if you can't quite get it all right. Stumbling through it is what builds your skills.

Like the prompt? Draw it and check \square it off.

Not feeling it? Draw what you want and write it in the blank space.

This calendar is yours. Miss a day? Drew the wrong thing? That's OK! We're all human. Let yourself make mistakes.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 Your Favorite Dish 	2 Campfire Roast
					Everyone's got something! Draw what that is, or a character enjoying it.	Food cooked over a campfire can't be beat. Ho do you draw the flames?
3	4	5	6	7	-	9
Food in Movies		Food through History	Comfort Food	🗌 Freebie Friday	That One Fruit Bowl	
□					□	
Ever gotten hungry from food from a movie? Find a still from one and draw it.	Practice adding in detail to a scene, food-related or not. See how far you can go.	A lot of classical art involves food. Find one you like and study it.	What food to you go for when you need comfort? Draw a chararcter enjoying it.	Friday! Food-related or not, draw what you want: from another day of this calendar or not.	The typical still-life study: draw the fruits in a fruit bowl.	Find a photo of a fancy dinner setup and draw it. Add in your own imaginary details!
10	11	12	13	14	15	16
Just a Lot of Cheese	Gesture Practice	🗌 Picnic	There's Just Soup	🗌 Freebie Friday	Core Workout	🗌 Food Coma
□		□	□			
Cheese. There's lots of cheeses, and they end up looking quite different.	Gotta do some traditional figure studies! Practice the human figure.	Imagine or study a picnic scene. What food is there? How's the weather?	There's a lot more detail in a bowl of soup than a plain flat surface. Textures, lights, colors!	Another free day! What's your choice?	Try some fundamentals: perspective, construction, even just making lines.	Draw a character who's fallen asleep from eating t much food.
17	18	19	20	21	22	23
🗌 At The Market	🗌 Fanart Fun	🗌 Fast Food	The Garden	🗌 Freebie Friday	Candy!	🗌 Hold Gentle
□		□				
Imagine a scene or study a photo of a farmer's market. How much detail can you spot?	What TV show character do you love? What food do they like?	When it's 2am and you need that late snack, where do you go?	Imagine your perfect garden. What foods grow in it? Tomatoes? Basil? Entire burgers?	Surprise, it's Friday again! Treat yourself with a snack and draw what's on your mind.	Candy always has nice textures and colors.	Draw a character carefully holding and admiring a burger.
24	25	26	27	28	29	30
🗌 Your Lunch	Close-Up Textures	Sausages	Cereal Box	🗌 Freebie Friday	At The Bakery	Food Into People
□	D	□	□	□		□
What are you having for lunch? Draw it and eat it.	Take a close-up picture of some cool looking food. Try to capture the detail in textures.	Sausages are oddly great perspective practice. Find photos and try drawing them.	What cereal do you have in the pantry? Does it have fun art on it?	One more Friday for the month! It's gone by fast.	Nothing cozier than a bakery. What do you choose?	What if bagels could talk? Make a character out of yo favorite food.
31				(
🗌 Sunny Breakfast			CER	B-2	3	
□						
The warm sunshine coming in through the window,			X	J		

Calendar by Mt Kanjon. Get your own at kanjon.link/calendar. Learning to draw? Have art block? Need motivation? Find Kanjon's Clips on YouTube: @MtKanjon

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