

Food is great.

Liven up your art  
with fresh cuisine!

**Food** is a subject that has been present through art since the beginning of time. It can teach us so much about textures, values, and even perspective!

Food is never as plain as our minds imagine it. Try to pay close attention to **pictures** of food, or even the food **right in front of you** as you have your lunch. Do you see the microscopic shadows? The variations in texture? How light reflects off its different surfaces?

**Welcome to March!** Why food? Hey, any month is a great month for food. There's so much to draw with food alone, and if we sprinkle in some art practice and creative characters, the combinations are endless!

**But it doesn't have to be only food!** If you want to draw something else each day, go for it – that's what's important. Remember that each day has a blank box for you to use.

**Keep up that art practice!** Food can be difficult to draw, so don't feel discouraged if you can't quite get it all right. Stumbling through it is what builds your skills.

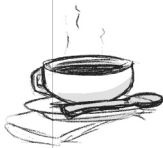
**Like the prompt?**  
Draw it and check ☒ it off.

**Not feeling it?**  
Draw what you want and write it in the blank space.

**This calendar is yours.**  
Miss a day? Draw the wrong thing? That's OK! We're all human. Let yourself make mistakes.

## Daily Art Calendar

# March 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<b>1</b> <input type="checkbox"/> <b>Your Favorite Dish</b> <input type="checkbox"/> _____ Everyone's got something! Draw what that is, or a character enjoying it.
<b>2</b> <input type="checkbox"/> <b>Campfire Roast</b> <input type="checkbox"/> _____ Food cooked over a campfire can't be beat. How do you draw the flames?	<b>3</b> <input type="checkbox"/> <b>Food in Movies</b> <input type="checkbox"/> _____ Ever gotten hungry from food from a movie? Find a still from one and draw it.	<b>4</b> <input type="checkbox"/> <b>Level of Detail</b> <input type="checkbox"/> _____ Practice adding in detail to a scene, food-related or not. See how far you can go.	<b>5</b> <input type="checkbox"/> <b>Food through History</b> <input type="checkbox"/> _____ A lot of classical art involves food. Find one you like and study it.	<b>6</b> <input type="checkbox"/> <b>Comfort Food</b> <input type="checkbox"/> _____ What food to you go for when you need comfort? Draw a character enjoying it.	<b>7</b> <input type="checkbox"/> <b>Freebie Friday</b> <input type="checkbox"/> _____ Friday! Food-related or not, draw what you want: from another day of this calendar or not.	<b>8</b> <input type="checkbox"/> <b>That One Fruit Bowl</b> <input type="checkbox"/> _____ The typical still-life study: draw the fruits in a fruit bowl.
<b>9</b> <input type="checkbox"/> <b>A Posh Fancy Table</b> <input type="checkbox"/> _____ Find a photo of a fancy dinner setup and draw it. Add in your own imaginary details!	<b>10</b> <input type="checkbox"/> <b>Just a Lot of Cheese</b> <input type="checkbox"/> _____ Cheese. There's lots of cheeses, and they end up looking quite different.	<b>11</b> <input type="checkbox"/> <b>Gesture Practice</b> <input type="checkbox"/> _____ Gotta do some traditional figure studies! Practice the human figure.	<b>12</b> <input type="checkbox"/> <b>Picnic</b> <input type="checkbox"/> _____ Imagine or study a picnic scene. What food is there? How's the weather?	<b>13</b> <input type="checkbox"/> <b>There's Just Soup</b> <input type="checkbox"/> _____ There's a lot more detail in a bowl of soup than a plain flat surface. Textures, lights, colors!	<b>14</b> <input type="checkbox"/> <b>Freebie Friday</b> <input type="checkbox"/> _____ Another free day! What's your choice?	<b>15</b> <input type="checkbox"/> <b>Core Workout</b> <input type="checkbox"/> _____ Try some fundamentals: perspective, construction, even just making lines.
<b>16</b> <input type="checkbox"/> <b>Food Coma</b> <input type="checkbox"/> _____ Draw a character who's fallen asleep from eating too much food.	<b>17</b> <input type="checkbox"/> <b>At The Market</b> <input type="checkbox"/> _____ Imagine a scene or study a photo of a farmer's market. How much detail can you spot?	<b>18</b> <input type="checkbox"/> <b>Fanart Fun</b> <input type="checkbox"/> _____ What TV show character do you love? What food do they like?	<b>19</b> <input type="checkbox"/> <b>Fast Food</b> <input type="checkbox"/> _____ When it's 2am and you need that late snack, where do you go?	<b>20</b> <input type="checkbox"/> <b>The Garden</b> <input type="checkbox"/> _____ Imagine your perfect garden. What foods grow in it? Tomatoes? Basil? Entire burgers?	<b>21</b> <input type="checkbox"/> <b>Freebie Friday</b> <input type="checkbox"/> _____ Surprise, it's Friday again! Treat yourself with a snack and draw what's on your mind.	<b>22</b> <input type="checkbox"/> <b>Candy!</b> <input type="checkbox"/> _____ Candy always has nice textures and colors.
<b>23</b> <input type="checkbox"/> <b>Hold Gentle</b> <input type="checkbox"/> _____ Draw a character carefully holding and admiring a burger.	<b>24</b> <input type="checkbox"/> <b>Your Lunch</b> <input type="checkbox"/> _____ What are you having for lunch? Draw it and eat it.	<b>25</b> <input type="checkbox"/> <b>Close-Up Textures</b> <input type="checkbox"/> _____ Take a close-up picture of some cool looking food. Try to capture the detail in textures.	<b>26</b> <input type="checkbox"/> <b>Sausages</b> <input type="checkbox"/> _____ Sausages are oddly great perspective practice. Find photos and try drawing them.	<b>27</b> <input type="checkbox"/> <b>Cereal Box</b> <input type="checkbox"/> _____ What cereal do you have in the pantry? Does it have fun art on it?	<b>28</b> <input type="checkbox"/> <b>Freebie Friday</b> <input type="checkbox"/> _____ One more Friday for the month! It's gone by fast.	<b>29</b> <input type="checkbox"/> <b>At The Bakery</b> <input type="checkbox"/> _____ Nothing cozier than a bakery. What do you choose?
<b>30</b> <input type="checkbox"/> <b>Food Into People</b> <input type="checkbox"/> _____ What if bagels could talk? Make a character out of your favorite food.	<b>31</b> <input type="checkbox"/> <b>Sunny Breakfast</b> <input type="checkbox"/> _____ The warm sunshine coming in through the window, brightening up your morning meal.					